

Coronavirus Safe Workplace



COVID-19

Symptoms (Symptoms may appear 2 – 14 days later)



COUGH



**SHORTNESS OF BREATH
or BREATHING DIFFICULTIES**



**FEVER
(HIGH TEMPERATURE)**

Prevention



WASH

hands with water and soap/
sanitiser, at least 20 seconds



COVER

your mouth and nose with your
elbow, tissue or sleeve when coughing
or sneezing and discard tissue



AVOID

touching eyes, nose, or mouth
with unwashed hands



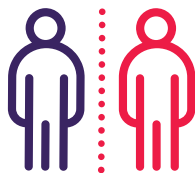
CLEAN

and disinfect frequently
touched objects and surfaces

Infection



STAY AT HOME



AVOID

contact with others



COVER

your mouth and nose with your
elbow, tissue or sleeve when coughing
or sneezing and discard tissue



CLEAN

and disinfect frequently
touched objects and surfaces



MASK

Wear a surgical mask

Are you at risk or infected?

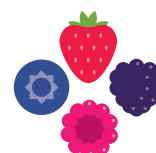
I've been to an affected region
in the last 14 days and
I HAVE symptoms

1. Stay away from other people
2. Phone your GP without delay

I've been in close contact with a confirmed or
probable case of COVID-19 (Coronavirus) in the
last 14 days and **I HAVE symptoms**

1. Stay away from other people
2. Phone your GP without delay

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